



Information for
parents and carers

NHS

Berkshire Healthcare
NHS Foundation Trust

Mental Health Support Team



Coffee Morning: Separation Anxiety

What to expect:

- Short presentation
- Practical tips and ideas to use with your child
- Signposting to further information and support
- Time for questions and discussions
- Meet and chat with other parents and carers to share experiences



When: Thursday, October 15th, 9am-10am

Where: Jennett's Park Primary School

☎ 0300 247 3002 (Mon to Fri 9am – 5pm)

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