



Jennett's Park CE Primary School

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Swimming – Personal Survival Lesson

4th June 2025

Dear parents and carers

Please find below communication from The Swim School regarding your child's upcoming swimming lesson:

We will be running our clothed personal survival lessons week on 17th June 2025. All swimmers will experience swimming in clothes and be challenged to apply basic swimming skills to swimming in an emergency situation. This will be safely carried out, making sure that children develop their personal survival skills in a controlled environment.

With swimmers likely to be around water (seaside, pool, or lake/river water) we want to appropriately prepare your children and remind you of both the potential dangers and necessary safety precautions in order to keep themselves safe.

Please bring 3 items of the following clothing to wear (the heavier the better!)

Long-sleeved shirt or top (NOT short-sleeved)

Long-sleeved jumper, cardigan or hoody

Trousers, jeans or dress/skirt

Please ensure that the clothing is NOT PYJAMAS as these tend to be very light. We would recommend bring additional waterproof carrier bags/bin bags for wet clothing to go into.

Please ensure you bring clothes to your swim lesson on 17th June 2025.

Kind regards,

JP Secretary

