

PGL Kit List

Having the correct clothing and equipment to be warm and comfortable in all weathers is vital to enjoying a successful residential. As the saying goes, 'There is no such thing as bad weather, just incorrect clothing.' Please use the lists below to help you pack for our trip; tick off the items as you pack. Please involve your child when packing so that they know where to find things when they are away. This list contains an appropriate amount of clothing to stay warm and dry, however, you may pack more clothing if you wish to. If there are items that are not on the lists below and you are unsure as to whether they are suitable to bring, please ask us for advice. Please do not pack denim jeans as they do not dry quickly and are uncomfortable when wet. Make sure that the clothing brought to PGL is old and/or cheap; be prepared for anything you send to Liddington to be covered in mud, dropped in water, lost or left behind! **It is vital to make sure that ALL your child's clothing is clearly named.** Pack your items in a large holdall or suitcase that your child is able to carry/wheel themselves – we have plenty of space on the coach for luggage.

Suggested clothing (all named):

- Waterproof jacket
- Waterproof trousers (if you have them)
- Warm jacket/bodywarmer
- Woolly hat (x1)/sun hat/cap
- Trainers x 3 pairs; including one old pair of trainers/plimsolls/water shoes (for water activities)
- Socks (x6)
- Underwear (x6)
- Warm pyjamas (x2)
- Jumpers/sweaters/tracksuit tops (x3)
- Trousers/joggers/tracksuit/leggings (x5)
- T-shirts (x5)
- Long sleeve tops (x3)
- Towel (x2)
- Shorts
- Long sleeve rash vest/t-shirt for water activities

Equipment:

- Small rucksack
- Torch (with new batteries)
- Pen/pencil/stamps for postcards
- Paper/book
- Glasses (plus spare pair) if needed
- Teddy bear (if needed)
- Washbag
- Toiletries (no aerosols)
- Toothbrush and toothpaste
- Bag for wet clothing
- £10 cash
- Packed lunch for the Monday
- Named water bottle for the week
- Any required medication (in a labelled bag to be handed in)
- Lip Balm and sun screen
- Hair bands (long hair to be tied up for activities)

What Not to Bring:

- Mobile phones
- Electronic games
- Sweets/chocolates
- Penknives/sharp objects
- Denim clothing
- Expensive clothes
- Aerosols
- Apple/expensive watches

No Denim – Denim is impractical for activities as it provides no warmth when wet and is difficult to dry.

Please can all children wear their PGL jumper when we leave, with joggers or leggings and trainers.