

Spring Term 15th March 2024 secretary@jennetts.bonitas.org.uk John 10:10 Live life in all its fullness





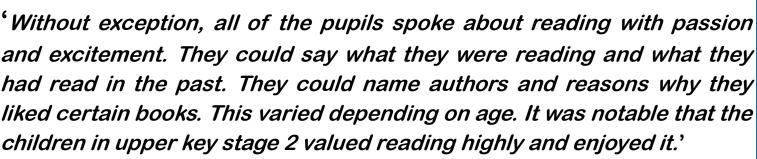


Dear Parents and Carers,

We love reading at Jennett's Park. Reading takes you places your body cannot take you. I've never been to the Artic but I know of it from

books. I'll sadly never meet a Dodo but I can read about one. I'll also never meet Bilbo Baggins (asides from when we have a play in school) but I can read on his adventures. We not only have a great time but our children shine when talking to others about books.

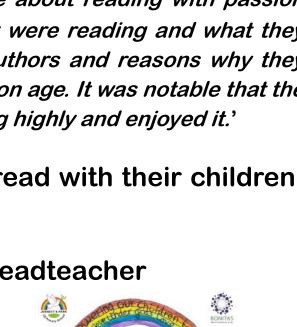
This is a little excerpt from a report we had on reading:



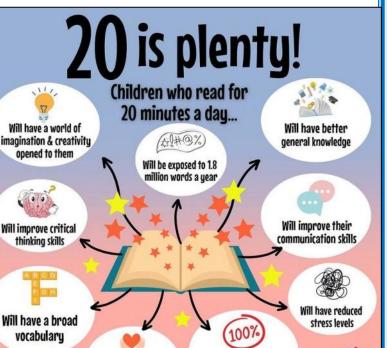
Thank you to all who take time to read with their children. It makes a difference.

See you on the gate, Liz Savage, Headteacher





John 10:10 Live life in all its fullness



Will learn how to

develop empathy

Will improve their test

results



Hockey Festival

Huge congratulations to our Year 6's who took part in the Hockey Festival this week. The team teams battled through horrendous weather conditions (as evidenced by some very soggy pictures). Well done to the whole team for persevering and cheering each other on!

On Tuesday this week, two teams of Year 6 children competed in the Bracknell Forest Primary school Hockey Festival. All sets of players made everyone proud. In the first few matches, both teams won their games and played some excellent passing hockey. Both teams then proceeded to the guarter finals. Sadly, team A lost on penalties to a very strong Harmans Water. In the other quarter-final heroic goalkeeping by Rae saw the team progress in their game which also went to a penalty shoot out. Team B, led by captain Amaiyah, now had to face Team A's victors - Harman's Water. It was a tense Semi-final with very few shots on goal. Brave defending from both teams led to the match being decided on penalties. Charlie Newman took the deciding penalty and he bravely slotted it home. The final was played against a technically good team from Whitegrove. After a tough match, team B lost by 2 goals. They still worked hard and impressed everyone. While we may not have won the tournament, we still tried our very best. Thank you to all the adults who took us there and helped prepare us for the event. A final thank you to Mr Page and Mrs Cooper - we really appreciate your support and thank you for getting so wet. By Hamza, Yr 6



Pictures from Bracknell Forest Council / Stewart@stphotos.co.uk















At The National College, our WakeUpWednesday guides empower and equip parents and carers with the confidence and practical skills to be able to have informed and age-appropriate conversations with their children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips please visit nationalcollege.com.

10 Top Tips on Supporting Children with SELF-REGU

Children need to learn to understand and recognise their emotions, while finding healthy ways to process them. Emotional self-regulation, however, depends heavily on age and development. While very young ones or children with special educational needs and disabilities (SEND) may find it particularly challenging to self-regulate, nurturing these important skills can be hugely beneficial. Here are ten top tips for supporting children with their self-regulation.

1. DESIGNATE A TRUSTED ADULT

It's vital that children feel safe and know that there's someone they can always go to for help if they need it. Schedule consistent times for the child to develop a relationship with this person – ideally through play and games – allowing trust to grow and ensuring that the child is more likely to come forward if anything is wrong, rather than hiding their emotions.

2. MEET CHILDREN HALFWAY

Unless you know where a child is developmentally and tailor your approach to their needs, you're less likely to have an impact. In particular, younger ones and children with SEND can struggle to self-regulate and instead rely on others to belin them. We call this 'coa- regulation' help them. We call this 'co-regulation'. Rather than offering strategies for self-regulation, it could be better to start co-regulating with a trusted adult first.

FACTOR IN THEIR THEIR BASIC NEEDS

Remember that for a child to develop emotional regulation skills, their basic needs must be met first. Children who are hungry, tired, cold and so on – as well as those who have experienced adverse childhood experiences – may struggle to self-regulate. Before you develop strategies with any child, make sure they feel safe, secure and comfortable in themselves.

4. REMAIN PATIENT

If a child is struggling with their emotions, it can often become difficult to stay calm. Remember that dysregulation is beyond their control, so a display of frustration or anger could negatively impact the situation. Instead, children need to be met with comfort and understanding to help them manage these problematic feelings.

5. BE 'A DYSREGULATION DETECTIVE'

While some children can tell you why they become dysregulated, many others can't. You could investigate potential triggers by observing the child and talking to their family. When the child becomes dysregulated, note down details like the time, what they're doing and who they're with - the trincer may be someone they sit with – the trigger may be someone they sit near, an unmet sensory need or something else entirely. Once we identify some triggers, we can help to avoid or overcome them.

Meet Our Expert

jing Durrant is an author, former teacher, Special Educations s Coordinator and the founder of the award winning SEN inces Blog, where she shares activities, advice and immendations for patents and teachers of children with SEND. ational

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avoid sharing anything too personal with children, they should still see us experiencing and handling our own feelings. Tell them how you are feeling, then show them how to respond in a healthy manner.

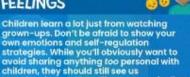
10. FORMULATE A PLAN

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As much as we try to prevent children from experiencing dysregulation, it's always wise to have an appropriate plan for when it does happen. Discuss this strategy with the child (if appropriate) and their family. The best approach for an individual child is often a bespoke one; it's hugely important to know in advance what might help and what could worsen the situation.





TRY SENSORY RESOURCES

books at appropriate moments.

An overlap between sensory needs and emotional regulation is possible. Children may struggle to self-regulate if they're experiencing sensory overload (a noisy classroom, for example). Positive sensory input can help calm them down. Use resources such as weighted blankets and fibre-optic lights. Of course, what works for one child might not work for another – so it's important to offer a choice of resources to discover which they prefer. scover which they prefer.

If you feel it's appropriate, let children try out these strategies alone. Always offer them a choice: they could listen to music when they re feeling stressed, for example, or they

9. MODEL GENUINE FEELINGS

8. NURTURE INDEPENDENCE

could write down their worries or draw something to represent how they feel. This may take time for the child to get used to, so be patient. Encourage them to share any helpful strategies with a trusted adult.

Top Tips for Supporting Children Who Are

In a DfE survey, 36% of parents said that their child had been bullied in the past year, while 29% of secondary school headteachers reported bullying among students. Public Health England states that young people who maintain positive communication with their family were less likely to experience bullying - so it's important that parents, carers and educators know how to talk to children about bullying.

1. WATCH FOR **BEHAVIOURAL CHANGES**

Children who are experiencing bullying may become quiet, withdrawn, or anxious; howey they may also act on the pain and anger that they refeeling. A shift in attitude towards their existing friends (or not mentioning them any more at all) or alluding to new friendships which seem notably different could also be warning signs. It's important to be alert to such changes and talk to your child about them if they occur.

2. THINK THINGS THROUGH

Before acting, ask yourself if this is the right time and place to address concerns about bullying. Might your worries trigger strong feelings – perhaps from your own experiences – that could discourage your child from opening up to you? You could try discussing what you've noticed with another trusted adult who knows your child well

3. BE OPEN AND UNDERSTANDING

Try to outline to your child the changes that Try to outline to your child the changes that you've noticed in their body language, appearance, behaviour, or tone of voice – and do so without sounding judgemental. Help them to describe what they're feeling – be it anger, sadness, fear or something else – as accurately as possible. If they say they're "angry", do they mean "enraged" er "frustrated"? This will help them to understand how they're feeling and ubsy

4. LET THEM SPEAK FREELY

Use open questions and a welcoming tone to encourage your child to talk. Listen closely and summarise what they've said at appropriate points (ideally without interrupting) to demonstrate that you're understanding clearly. Bullying may have undermined your child's sense of control, and they may fear that you'll judge them, overreact or impose consequence - so this conversation can reassure them being honest with you was the right decision.

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5. CALL A TIME OUT

A conversation about bullying could leave both you and your child feeling distressed. It's important to recognise this and pause at suitable moments to caim down. Take deep breaths, enjoy a hot drink or even have a cathartic cry. This can reinforce trust, while also helping you both feel that you have control over the situation and the emotions that you're teeling

Meet Our Expert

Bob Basley is the Director of Anti-Bullying Quality Mark-UK, which challenges and supports schools to develop sustainable whole-school approaches to prevent bullying, including working with parents and carers. More than 80 schools in England and Wales currently hold the quality mark.

Source: https://casets.publishing.service.gov.uk/government/uploats/system/uploads https://www.secd.org/education/talis/talis/DilBtabes.html https://casets.publishing.se





6. STAY INFORMED

Make sure you know your child's school's definition of, response to and relevant contacts for bullying. This information should be in their anti-bullying policy, which ought to be available on the school's website. Class teachers or form tutors are usually the first point of contact, though there may be dedicated support teams though there may be dedicated support teams or key workers to help your child, depending on the specific situation.

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7. PREP YOUR CHILD FOR THE RESPONSE 2

Schools' responses to bullying vary depending on whether they're resolving disagreements and arguments, or addressing unintended verbal or physical harm and so on. It's important to work out with your child whether any harm was intentional, how much control they had over the situation and how often such incidents have occurred. Beneting concerns occurrately will get occurred. Reporting concerns accurately wil the best outcome for your child more quickly will get

8. SUMMARISE YOUR CHILD'S EXPERIENCE

When you contact the school, make sure you've precisely described what your child experienced: what happened; when; where; and who was involved. This will help the school to investigate further, identifying any witnesses, as well as those who were directly involved. It can also help the school to know how your child is feeling and how they'd like the matter to be resolved.

LIAISE WITH THE SCHOOL 9.

Any school has a duty to ensure that the Any school has a dury to ensure that the members of its community feel safe and included. It's important for children to learn their role in this. The school must determine how best to restore these feelings of safety and respect. It's often best for schools to keep parents and carers informed of any action taken – and for families to avoid taking matters into their own bands.

10. CHECK IN FREQUENTLY

Once the issue has been resolved and the bullying behaviour has stopped, your child may still feel anxious and might find it difficult to rebuild relationships or develop new ones. Parents, carers and the school should all keep an eye on how the child is feeling and acting over the following months. Any relevant over the following months. Any relevant information should be shared, so that further support can be planned if necessary.



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Confirmation

On the 21st April Bishop Olivia is attending St Michaels Church to do a confirmation service. They have a number of candidates in the Church who have expressed an interest there is an invitation to the children in the school.

Confirmation is for children Year 5 and 6 (or above) plus adults. Confirmation is when a person confirms the promises that were made when they were baptized. If they were baptized when they were a child, their parents and godparents made these promises on their behalf. As a young person or adult, they may wish to affirm these promises for themselves.

On-site vacancy with our catering partners

Catering Assistant

Jennetts Park Primary School

Harrison Catering Services is one of the UK's leading independent catering companies, serving high-quality, freshly cooked food to thousands of people in schools and workplaces every day.

We are looking for a Catering Assistant to join our catering team. The position will assist with setting up our daily Lunch and serving Pupils, as well as clear down at the end of the day.

The ideal candidate will be able to work as part of a team. Full training will be provided along with uniform. You will be rewarded with a competitive salary for working 15 hours per week, term time only.

If you are interested and would like to apply for this role, please email your CV and covering letter to jennetts.park@harrisoncatering.co.uk



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Supporting Your Children Workshops

To book a space please email your full name to Inge.Taylor@bracknell-forest.gov.uk

These courses are universal (not specific for SEND or particular ages) and for adults supporting children **not** the children themselves so please arrange childcare if needed

Each course is a **standalone 2-hour session** - please be aware that spaces are offered on a **first come first served basis** and parents should not just turn up

Once you have completed an enrolment form your space will be confirmed

Please only book onto the sessions if you are *going to be able to attend* to avoid other parents missing out on the opportunity to have a place or let me know if you can no longer attend.

Helping children to overcome anxious thoughts and worries	3	
A 2-hour session looking at:		
What happens when children become anxious?		
Impact current events have had on children's mental health.		
Techniques for helping children deal with their fears / worries.		
Tuesday 19 th March 2024 (12 spaces remaining)		9.30 – 11.30 am
@ Bracknell Open Learning Centre.		
Managing Behaviour in a Positive Way		
A 2-hour session looking at:		-
Gain insight into your parenting style / relationship with your child.	800	20
Learn or revisit positive ways of managing behaviour!	n so	
Strategies to deal with unacceptable behaviours.		
Thursday 22 nd February 2024 (FULLY BOOKED)		6.30 – 8.30 pm
@ Bracknell Open Learning Centre		
Monday 18 th March 2024 (12 spaces remaining)		6.30 – 8.30 pm
@ Bracknell Open Learning Centre		
Tuesday 26 th March 2024 (12 spaces remaining)		9.30 – 11.30 am
@ Bracknell Open Learning Centre		
Supporting Children to get a Healthy Night's Sleep	Ded	Scaredan
A 2-hour session looking at:	ers leep	
The different sleep issues facing our families.	Night Night Tree Overvietion	
Tips on how to get a good night's sleep.		Tired
Help children develop good sleeping habits.	NOT T	ALC: NO. OF CONTRACT, ST. CONT
Tuesday 12 th March 2024 (12 spaces remaining)		9.30 – 11.30 am
@ Bracknell Open Learning Centre		
Tuesday 26 th March 2024 (12 spaces remaining)		6.30 – 8.30 pm
@ Bracknell Open Learning Centre		

Demonstrate and A contraction of Department (March 1999)		
Parenting pre / early-teens in a Positive Way (aged 10 – 13)		
A 2-hour session looking at:		
Gain insight into the impact of your parenting style!		
Positive techniques for managing older children's behaviour.		
Boosting your relationship and communication with your child.		
Friday 1 st March 2024 (FULLY BOOKED)	9.30 - 11.30	
@ Bracknell Open Learning Centre		
Reducing Sibling Rivalry		
A 2-hour session looking at:		
Encouraging a more harmonious sibling relationship		
Learn / revisit techniques for children to cope with being a sibling.	<u> </u>	
Boosting children's emotional literacy		
Wednesday 27 th March 2024 (12 spaces remaining)	6.30 – 8.30 pm	
@ Bracknell Open Learning Centre		
Single Parent, Separated and Blended families – supporting chil-		
dren to cope with different family dynamics.		
A 2-hour session looking at:	J 📮 🍊	
Different family dynamics and how they can work.	-1 /1 PC	
Parental conflict resolutions		
Being the best parent that you can be for your child		
Tuesday 5 th March 2024 (8 spaces remaining)	6.30 – 8.30 pm	
@ Bracknell Open Learning Centre	0.50 0.50 pm	
Supporting a smooth transition to secondary school (YR 5/6 par-	INTER SPERTS TEACHERS THE PERT	
ents)		
A 2-hour session looking at:	HINGS Designed Science Meet Exercise State LECT Store	
What the transition involves	Total S. Speciality Spin 2	
The positives and concerns of transitioning to a new setting		
Boosting your child's ability to have a smooth transition		
Tuesday 16 th April 2024 (12 spaces remaining)	6.30 – 8.30 pm	
@ Bracknell Open Learning Centre		
Thursday 23 rd May 2024 (12 spaces remaining)	6.30 – 8.30 pm	
@ Bracknell Open Learning Centre		
Wednesday 5 th June 2024 (4 spaces remaining)	9.30 – 11.30 am	
@ Bracknell Open Learning Centre		
We're also delivering at the following schools please book directly with the		
St. Josephs 03/06/24	9 – 11 am	
St. Margaret Clitherow 03/06/24	6 – 8 pm	
St. Michaels EH 04/06/24	9 – 11 am	
The Pines School 07/06/24	9 – 11 am	
Great Hollands 11/06/24	1 – 3 pm	
Meadow Vale 12/06/24	9 – 11 am	
Supporting a smooth transition from Year R to Year 1 and be-	Welcome to Year 1	
yond	ŤŶŢŶŦŦŦŢŢ	
A 2-hour session looking at:		
What's involved in transition from reception to year 1		
The best ways to support the transition.		
Boosting your child's resilience to cope with the change		
Friday 3 rd May 2024 (8 spaces remaining)	9.30 – 11.30 am	
@ Bracknell Open Learning Centre		

Parish Church			
JOURN	EY THROUGH HOLY	WEE	K WITH US.
	PALM SUNDAY (24/03) Jesus, amid the cheering crowd, rides on a donkey to Jerusalem	8am 9:30am	Holy Communion Palm Sunday Parish Eucharist
	HOLY MONDAY Jesus visits his friends in Bethany and Mary anoints the feet of Jesus.	8pm	Stations of the Cross
V	HOLY TUESDAY Jesus foretells the betrayal of Judas and the denial of Peter	7pm	Holy Communion
	HOLY WEDNESDAY Judas makes a deal with the high priests; he agrees to turn Jesus over for 30 silver coins	8pm	Stations of the Cross
	MAUNDY THURSDAY The Last Supper takes place. Jesus institutes the sacrament of the Eucharist	8pm	The Liturgy of Maundy Thursday
1	GOOD FRIDAY Jesus is sentenced to death by crucifixion. He dies on the cross and is buried in a tomb.	12pm 2pm 8pm	Good Friday Reflections The Liturgy of Good Friday Tenebrae
	HOLY SATURDAY The body of Jesus remains in the tomb. He has descended to the dead.		
	EASTER SUNDAY (31/03) Jesus rises from the dead	6am 8am 9:30am 6pm	Easter Vigil Easter Holy Communion Easter Parish Eucharist Evening Prayer with

www.stmichaelseasthampstead.org.uk







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Outstanding Owl and Rainbow Promise Learners



Each week children are chosen for showing Owl learning behaviours or following our Rainbow Promise.

Our Rainbow Promise underpins everything we do at



school. Just as the Rainbow was a sign of God's promise to Noah that from that moment God would enable Noah and the people of the earth to flourish and experience life in all its fullness. So as a school community we promise to do our best to enable all the pupils and adults of our school to flourish academically and professionally so that they might reach their potential.

The Rainbow is also a symbol of the diversity of our school community, but as a church school we recognise that we are all created and valued by God, and so as a school community we commit to care for and value each other.

The dove symbolises our need to persevere in some aspects of life as it is not always the first time we find success. It was not the first time that Noah had tried to find dry land and so we much seek strength within ourselves and from God to achieve.

ForgivenessPatience

- 🔍 Support
- 😳 Kindness 🖙 Joy
- ✔ Love
 ♥ Honesty
 ↑ Respect
 ₩ Peace

These are our Values we try to live each day



Our Owl Learning Behaviours:

C - Collaboration O - Optimism
P - Perseverance P - Pride
I - Inspiration C - Challenge
MD - Managing Distractions



Pages for Children









Our Rainbow Moments this week

Our Owl Learners this week

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Robins	Ezra
Woodpeckers	Tommy
Stonechats	Adam
Whinchats	Georgia
Canaries	George
Yellowhammers	Felicity
Greenjays	Tommy
Parakeets	Huntley
Kingfishers	Elouise
Macaws	Jacob
Mockingbirds	Daniel W
Peacocks	Noah
Sabrewings	Whole class
Sunbirds	Whole class

Upcoming Dates for your Diary

18th-22nd March	SEND Support Parents Meetings (SchoolCloud)	
18th March	YN/R Hansel and Gretal (in-school—sQuid)	
21st March	World Poetry Day	
	Odd Socks Day— <u>World Down Syndrome Day</u>	
25th-29th March	World of Work Week	
27th March	**Rocksteady Concert 9:30am—postponed due	
	to Jack absence**	
	End of term (nursery)	
28th March	Y4 Ukulele Performance (parents welcome)	
	9:15am Macaws	
	9:45am Kingfishers	
1st 19th April	End of term 1:30pm	
1st-12th April	Easter holidays—Camp Beaumont Eid ul Fitr	
9th or 10th April		
15th April	Y2 Windsor Castle Trip (sQuid)	
16th April	National Primary Offer Day	
22nd April	Earth Day Class Photographs (moved)	
23rd April	St George's Day	
25th April	YR National Childhood Measuring Programme	
29th April—3rd May	Year 6 Residential	
	VE Dav	
8th May		
13-17th May	Mental Health Awareness Week	
17th May	Pause Day (Acts of Kindness)	
20th-21st May	Y5 Residential	
21st May	Y4 Rabbi visit	
27-31st May	Easter holidays—Camp Beaumont	
17-21st May	International Week	
20th June	World Refugee Day	
22nd June	Windrush Day	
25th June	Bracknell Junior Music Festival	
26th June	Sports Day (weather dependent)	
2-9th July	Book Fair	
19th July	End of term 1:30pm	

Term dates 23/24

Spring Term 2024		
Professional Training Day Tuesday 2nd January 2024 Day 3		
Start of Term	Wednesday 3rd January 2024	
Half Term	Monday 12th February to Friday 16th February 2024	
End of Term Nursery	Wednesday 27th March 2024	
End of Term	Thursday 28th March 2024 1:30pm	
	(Good Friday 29th March 2024, Easter Monday 1st April 2024)	
Summer Term 2024		
Start of Term	Monday 15th April 2024	
Half Term	May Bank Holidays 6th and 27th May 2024	
	Monday 27th May to Friday 31st May 2024	
End of Term Nursery	Wednesday 17th July 2024	
End of Term	Friday 19th July 2024	
	Monday 22nd July 2024 Day 4	
	Tuesday 23rd July 2024 Day 5	
	(Day 4&5 taken as staff TOIL)	

Squirrels

Seeking bright eyed and bushy tailed new recruits

2nd Crowthome are currently running a pilot Squirrels section on Tuesdays 4.30pm-5.30pm. This new group is based at the Pinewood Centre and is open to all children aged 4-6 years old. It aims to provide fun, adventure, friendship, and of course. badges.

We are interested in hearing from potential Squirrels and adults who might be interested in helping to form a new team to run the group beyond Easter.

Please contact sandra@qtdgroup.com to register your interest and join our pilot project, which is running until 26th March.

#SkillsForLife

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Daisy Fest Family Fun Day

Saturday 30th March

1-6pm

Peacock Farm, Bracknell

Basil & Crew Farm - Easter egg hunt -GEM Bouncy Castles - Your Face or Mine face painting and hair braiding - Kids Bee Happy sand art - Raffle - Tombola -Crafts - and lots of other stalls!

Registered charity number 1177145



Multi– Award Winning!

Love Learning Languages

FREE Spanish sing-along & storytime Thursday 28th March, 11.15–11.45am



Learn catchy Spanish songs!

Come along to our FREE Spanish class and story-time suitable for ages 1 month-4 years on:

Thursday 28th March 11.15-11.45am

Bracknell Library, 2, Town Square, RG12 1AT

No need to book, just turn up & older siblings welcome!

Learning a second language has a whole range of developmental benefits for your child:



It boosts their brain power



It enhances their speech development



It increases their selfconfi dence



It's also good for you too, helping to stave off the dreaded 'baby brain'. Which makes it one of the best activities you can do with your little one from when they're just a few weeks old.







SPRING FAMILY RACEDAY SUNDAY 24TH MARCH

Join us, join in and raise money for your school at our springtime extravaganza, featuring the finale of Ascot's Jumps season and countryside-themed attractions.

There are animals to encounter, roaming entertainers to meet and arts and crafts skills to learn. But that's not all: follow our Furlong Friends trail, sit-back and watch a cinema screening, or maybe even get your face painted. And no wondrous day would be complete without a visit from The Gruffalo himself – have your camera at the ready for the opportunity to meet-and-greet.

Queen Anne Enclosure tickets £30 | *Accompanied under 18s admitted free

25% cashback donation to your school with code JPSCHOOL

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LONGINES HONDE

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