

Building Friendships at Jennett's CE Primary School

At Jennett's Park CE Primary School, we encourage a kind and supportive environment where children feel safe and happy.

We are woven together with our community to flourish and achieve with our Rainbow Promise – it shows us how to get on with our friends, neighbours and family.



We discourage poor behaviour and do not tolerate bullying.

We also know that sometimes things happen which make children unhappy but are not caused by bullying.



Read through this leaflet with your child and talk about what they should do in each situation.

We always encourage children to tell us if they are having problems at school and ask that you reinforce this message at home.

If you have any questions about anything covered in this leaflet, please contact your child's teacher via the school office.



What can I do if someone uses unkind words?

We discourage unkind words. We talk about words hurting as much as being physically hurt. We also encourage children to think about how other children may be feeling so they do not use hurtful language.

Tom is having a bad day and has said something unkind to Omari.

Omari tells Tom how upset he feels, and Tom says he is very sorry. He spoke without thinking about the effects of his words.



What can I do if I am not being included in a game or my friend is playing with someone else?

It is great for children to have close friends, but sometimes your child's friend may prefer to do an activity with another child. This may be upsetting, but tell your child that this is a normal part of friendship and does not mean that they are being bullied. Encourage them to have a wider friendship group so that they do not just rely on one or two children.



If your child is often being left out of games and feels lonely, they can speak to any adult at our school they feel comfortable speaking to and they will help.

Aria, Omari and Lily are friends. Today Omari and Lily are playing a ball game. Aria doesn't want to play the game today, and she is feeling left out. She is going to find some other friends to play with today at breaktime.

What happens if I get hurt while playing with another child?

We encourage children to play games and sport at breaktime so they get lots of exercise. We always supervise breaktime but, despite this, sometimes children will have accidents.

Talk to your child about the difference between accidents and being deliberately hurt.

Also, talk to them about offering apologies if they hurt someone and accepting an apology if they are hurt.

Let them know that they should speak to an adult at school straightaway if they are hurt so they can receive comfort and, if applicable, First Aid.

Aria and Lily are playing football. Lily has tripped over Aria's feet and has hurt her knees. Lily is upset but feels better when Aria says she is sorry and helps her back to her feet.



What is cyberbullying and what can I do if I think it is happening to me?

Cyberbullying involves bullying via social media or email. It can often be more upsetting than face-to-face bullying. It is always a good idea to monitor your child's online activity so you can catch any bullying behaviour quickly. If your child is upset about any messages or activity directed at them, ask them to tell you or any other adult they trust immediately.

Someone has sent Lily an unkind message. Lily and Aria are going to tell Lily's parents and they will sort it out.





How can I help stop people being bullied?

We ask all the children to think about their actions and to actively be kind to other children. All children, staff and Anti-Bullying Ambassadors are trying to create an atmosphere of anti-bullying, safety and happiness so that negative behaviours have less chance to exist or grow.

Our message is 'Be a buddy not a bully.'

Talk to your child about thinking about their words and actions so they are not unkind to other children.

Ask them to also look out for other children being bullied and to tell a teacher if they see it happening.

Lily, Omari and Aria are always working to keep our school a kind and caring place. They stand up against bullying.

What can I do if I think I am being bullied at school?

We all work together to make our school a wonderful, happy place for everyone. We encourage everyone to act kindly and make the right choices about their behaviour. But we recognise that children can sometimes be unkind to each other. If your child feels unhappy about any behaviour, tell them to speak to their teacher or any other adult at school that they feel comfortable talking to. Some of our children have been trained as Anti-Bullying Ambassadors and will always be around to speak to. The school prefects can also help.

Aria is upset about her friends playing without her and is speaking to a teacher. The teacher listens to what Aria says and explains that she isn't being bullied but she understands why she is sad. She gives her some advice about playing with some other friends and will ask one of the Anti-Bullying Ambassadors to help her.



You can see all of our policies, including our Anti-bullying Policy, by accessing this link:
www.jennetts.bonitas.org.uk/headteachers-office/policies

Jennett's Park CE Primary School
3 Tawny Owl Square, Bracknell, RG12 8EB

Telephone: 01344 301269

Email: secretary@jennetts.bonitas.org.uk

Website: www.jennetts.bonitas.org.uk



Devised and produced by Stoneworks Education Ltd www.stoneworkseducation.co.uk

© Stoneworks Education Limited 2014-2023. All rights reserved.