Youthline

COUNSELLING SERVICE

A SERVICE FOR YOUNG PEOPLE AND THOSE WHO CARE FOR AND SUPPORT THEM

ARE YOU FEELING LIKE THIS?

I HAVE WORK ISSUES

I HAVE SCHOOL/COLLEGE/UNI ISSUES

I FEEL STRESSED

I FEEL ANXIOUS

I FEEL SO ANGRY

I HAVE FAMILY/ RELATIONSHIP ISSUES

I AM CONFUSED ABOUT SEXUALITY

FREE FACE TO FACE COUNSELLING FOR YOUNG PEOPLE FROM AGE 12 AND ADULTS

"YOUTHLINE HAS MADE A TREMENDOUS DIFFERENCE TO MY FAMILY'S LIFE. THE SUPPORT I RECEIVED FROM MY YOUTHLINE COUNSELLOR HELPED ME TO UNDERSTAND MY TEENAGER MORE AND HELPED MANAGE MY INTERNAL CONFLICT."
(RS parent)

"WORKING WITH YOUNG PEOPLE CAN AT TIMES BE VERY STRESSFUL AND YOUTHLINE PROVIDED A SAFE PLACE TO UNLOAD THE FEELINGS I WAS EXPERIENCING AT A PARTICULAR CHALLENGING TIME IN MY LIFE."
(BW 38)

"I THINK THE SERVICE YOUTHLINE OFFER IS FANTASTIC AND I AM VERY PLEASED AND FORTUNATE FOR BEING ABLE TO USE THIS SERVICE."
(AL 14)

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