

## Advent Challenge 2020!

The Season of Advent is a time for thinking of others and challenging yourself to **be the best you can be!** That's something that people of all faiths and none can get involved with so we've come up with the Advent Challenge. Every day there is a different challenge to complete. On the free choice day look for something kind which someone you know needs.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> Ask someone in your family about Christmas /special event when they were your age.	<b>2</b> Say some-thing kind to someone you don't usually talk to.	<b>3</b> Say thank you to a key worker	<b>4</b> Say a sorry that's been on your mind.	<b>5</b> Be kind to an animal.
<b>6</b> Tidy a room at home.	<b>7</b> Make a picture for someone.	<b>8</b> Keep in touch with your family. Telephone or send a message.	<b>9</b> Write a Christmas card for someone who doesn't usually get one.	<b>10</b> Include someone who is left out.	<b>11</b> Tell a joke to make someone smile 😊	<b>12</b> Look through your toys and books. What good quality items could
<b>13</b> Think of a present YOU can GIVE someone.	<b>14</b> Feed the birds	<b>15</b> Tell the class some-thing good.	<b>16</b> Help with dinner tonight.	<b>17</b> Hold a door open for someone.	<b>18</b> Thank an adult who has helped you at school.	<b>19</b> Help the environment. Remember to turn off lights and heating when you leave a room.
<b>20</b> Pick up some litter and put it in the bin.	<b>21</b> Do a favour for someone at home	<b>22</b> FREE CHOICE	<b>23</b> Wash up/empty dish washer	<b>24</b> Help out where needed at home.		

Acts 20:35 "It is more blessed to give than receive."

*"Whether one believes in a religion or not, there isn't anyone who doesn't appreciate kindness and compassion." – The Dalai Lama*