



Nursery 1

I can help at home.



On my own			
I can put my toys away when I have finished playing.	I can make my bed.	I can sort my socks into pairs.	I can lay the table.
I can put my dirty washing in the right place.	I can water the plants.	I can put my clothes away in a drawer or cupboard.	I can put my rubbish in the bin.
With an adult's help			
I can help wash and prepare a simple fruit salad for snack. Take care if using a knife.	I can help to wash up some dirty dishes.	I can help to peel and chop vegetables. Take care when using the knife.	I can help hang up the wet washing.
I can help to write a shopping list.	I can help to follow a recipe.	I can help to Hoover or sweep a room.	I can help to feed a pet, if we have any.
Be Kind			
Say thank you.	Make a card for someone.	Hold a door open for someone.	Choose a toy to donate to charity.
Let someone else go first.	Say something nice to someone.	Draw a picture to make someone smile.	Tell someone you love them.



Nursery 2



I can look after myself and keep myself fit and healthy.

<p>I can wash my hands properly all by myself.</p> <p>Remember: top and bottom, in-between, don't forget the wrists, rinse</p>	<p>I can clean my teeth all by myself.</p>	<p>I can choose what to wear and can try and get myself dressed in the morning.</p>	<p>I can put my pyjamas on all by myself</p>
<p>I can fill my own water bottle.</p>	<p>I can remember to drink regularly. Can you keep a tally chart to show how often you have a drink?</p>	<p>I can make a healthy packed lunch.</p>	<p>Make up a dance routine to match your favourite song.</p>
<p>Run up and down your garden (or street if it is safe to do so) five times/ten times. Can you do it again, but faster?</p>	<p>Chalk a hop-scotch on the pavement and hop and jump along it.</p>	<p>Practise bouncing a ball - challenge yourself to see how many bounces you can complete in a row.</p>	<p>Create an obstacle course using run, hop, skip and jump.</p>

If advice suggests it is safe to do so:

<p>Go for a local walk. Look at the different colours you can see around you. Listen to the different sounds you can hear.</p>	<p>Take your scooter or bike for a ride around the block/across the fields/through the woods.</p>	<p>Visit the park. Have a go on every piece of equipment there.</p>	<p>Plan a longer walk and go and feed the ducks at Mill Pond, Dinton Pastures, California Country Park or similar.</p>
--	---	---	--



Nursery 3

I can play with an adult.



Games			
<p>Play Kim's Game</p> <p>Place five different items on a tray, look at and remember them, cover with a cloth, remove one item, can you remember what is missing?</p> <p>You can increase number of objects on tray or take away a couple of items to make it harder.</p>	<p>Play I-spy</p> <ul style="list-style-type: none">-Use a colour.-Use adjectives (describing words).-Use letter sounds.	<p>Play Silly Soup</p> <p>"We are making silly soup, we're making soup that's silly, I'm going to put it in the fridge, to make it nice and chilly!"</p> <p>Add items to your soup that:</p> <ul style="list-style-type: none">-Are similar (e.g. all animals)-Rhyme-Begin with the same sound.	<p>Play Musical... Statues, Bumps, Chairs</p> <p>Then try making up your own – e.g. when the music stops you must... roar like a lion!</p>
Reading			
<p>Change the Ending</p> <p>Choose a story to read together. Can you change the ending? What could happen instead?</p>	<p>Puppet Show</p> <p>Choose three soft toys to star in a puppet show and make up a simple story for them to perform.</p>	<p>Jokes</p> <p>Listen to, repeat and remember three new jokes that you can share at Nursery snack time.</p>	<p>Storyboard</p> <p>Make up a story together starring your child as main character and involving their ideas. You could also create a simple book.</p>
Fine-Motor Skills			
<p>Play-Dough</p> <p>Follow this recipe to make own dough:</p> <ul style="list-style-type: none">2 cup flour1 cup salt2 cup water4tsp cream of tartar2 tbs oilFood colouring optional <p>Stir while cooking on hob, low heat.</p>	<p>Scissor-control</p> <p>Draw straight lines, wavy lines or shapes on old newspaper and recycling boxes. Encourage your child to cut along the lines drawn to practice their scissor control.</p>	<p>Name-writing</p> <p>Write your child's name (use capital letter for first letter only) on paper and let them trace over it in different coloured pens. Try to check they start in correct place each time.</p>	<p>Pincer Grip</p> <p>Use pegs to peg an item of clothing.</p> <p>Use fingers or tweezers to pick up small items e.g. seeds, sequins, rice.</p>

Maths			
Number	Ordering	Capacity	Shape
Write numbers across a piece of paper, invite child to add stickers or drawing to correspond to the total.	Collect five different items from around the house (toys/food packets etc) How can you order – by size? Height? Weight?	Bath/water play - choose different sized pots and containers. Investigate how many spoons/scoops/cups of water it takes to fill each container.	Take part in a shape hunt at home. What shapes can you find? Describe what you can see. Which is the most/ least common shape?
Vocab: How many? Total Altogether More/less Let's check our answer	Vocab: Bigger/smaller, Taller/shorter, Longer/ shorter, Heavier/ lighter	Vocab: Full/Empty, More/ Less, Estimate	Vocab: straight/curved, corners, sides, longer, shorter



Nursery 4

Using the Internet



Popular Sites for Families		
www.bbc.co.uk/cbeebies	www.nhs.uk/change4life/	www.familylearning.org.uk
Using You Tube (Please ensure your child is well-supervised at all times)		
For Stories, Songs, Rhymes: Search: 'Barefoot Books'	For Dough Disco: Search: 'Dough Disco for children' or 'Shonette Wilson Dough Disco'	For Activity/Brain Breaks: Search 'Wake up, shake up' or 'The Learning Station'
Free Resources For Parents		
www.twinkl.co.uk Free access code for 1 month during school closure - UKTWINKLHELPS	www.topmarks.co.uk Resources	www.phonicsplay.co.uk Free resources and interactive games available.
www.letters-and-sounds.com Resources and ideas	www.busythings.co.uk Free trial for 7 days	www.activityvillage.co.uk Resources and ideas



Nursery 5



I can play on my own.

<p>Water Play</p> <p>Fill a washing up bowl with water and choose some plastic toys to use within it.</p>	<p>Building blocks</p> <p>Can you build a tower that is taller than a teddy? A chair? The table?</p>	<p>Den-building</p> <p>Use cushions, pillows, blankets and duvets, clothes airers, chairs and tables to make a den for some toys or for yourself.</p>	<p>Junk modelling</p> <p>What can you make with a cardboard box, and anything else you find in the recycling?</p>
<p>Collage</p> <p>Create a collage picture from household items (or dry food depending on supply)</p>	<p>Music video</p> <p>Create a music video with a family member e.g. singing a favourite Nursery rhyme.</p>	<p>Story Time</p> <p>Choose a story to read to your soft toys. Tell the story from memory and use the pictures to help you.</p>	<p>Role-play</p> <p>Set up a teddy bears' picnic. Create a supermarket shop. Give your doll a bath.</p>
<p>Creative</p> <p>Cut up children's magazines, newspapers, cards, catalogues and use to create a picture.</p>	<p>Painting</p> <p>Paint a picture using an interesting mark-making tool such as a cotton bud or a fork.</p>	<p>Weaving</p> <p>Wind string around a cardboard cut-out template. Use a hole punch to create the holes for weaving.</p>	<p>Lego/Duplo</p> <p>Dip the pieces into paint to make a shape picture. Which pieces could you use to make a robot? Can you make a house?</p>
<p>Train Track</p> <p>See how many different shaped train tracks you can build.</p>	<p>Play Dough</p> <p>Can you make dough people/animals/objects – how many?</p>	<p>Drawing</p> <p>Draw a picture of you doing something you love.</p>	<p>Messy Play</p> <p>Use things around the house to enable children to explore in a sensory way – e.g. ice cubes, shaving foam.</p>